



SOBER PARTNER PROGRAM: THINGS YOU WILL NEED

1. 3 ring binder (2 inch)
2. 3 ring binder dividers, 8 or so
3. 3 ring binder hole punch or page protectors
4. Purchase the book for the current book study

You will need the binder to keep track of your Weekly Journal, Book Study, and various activities such as The Weekly Recipe.

Always remember: Keep the desire for happiness and sobriety

Find support through new friends, family, or community

Hope (don't give up)

Time, patience, and most importantly... FAITH in God

“Our goals can only be reached through a vehicle of a plan, in which we must fervently believe, and upon which we must vigorously act. There is no other route to success.”

-Pablo Picasso